



Community Matters

CACD Helping People to Help Themselves

Issue 206

February 2023

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Community Matters –
If you wish have an item
printed in the next edition,
please email
admin@cacd.org.uk
by 23rd February 2023

Office Hours

Mon-Thurs 9.30am - 2.30pm
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<https://twitter.com/CoArmaghCommDev>

Printed copies of the News Sheet
can be collected from the office

When planning to visit our office please arrange a time in advance as we have limited space to accommodate visitors. Our Development Workers can still liaise with you on a one to one basis in the office (prearranged), via Zoom or telephone. Follow us on Facebook: <https://www.facebook.com/County-Armagh-Community-Development-323174921059420/>
Website: www.cacd.org.uk

Meeting Others

Tuesday 7th February at 2.00pm

Valentine Crafts

Tuesday 14th February at 2.00pm

A beginner's session on
Scottish Country Dancing with Jinty Anderson
Both in the Courtrooms, Markethill - Upstairs

Tuesday 21st February at 2.00pm

Visit to David Alexander's workshop to
discover the history of lambeg drums

Contact David on 07587 130704
Or admin@cacd.org.uk to book



Supported by



Participants in the IFI Connect 2Gether

project had their first set of workshops during January. It was the first chance the groups from Clones and Co Armagh had to meet and took place on zoom due to the distances involved. They enjoyed 4 weeks of **"Making the Most of your Slow Cooker"**. Not only did they learn the best practises involved in slow cooking but also gained some knowledge on food safety, great tips on preparing food and shopping smarter. After a few weeks break we are now looking forward to another section of the project which will involve a series of history talks on **"Partition and our shared borderlands"** for 4 weeks.



INTERNATIONAL FUND FOR IRELAND



**FIRST AID
TRAINING**

We are delighted to announce that we have received funding from **Rural Action Awards** to deliver 2 **First Aid courses** in the Community. Please email: admin@cacd.org.uk to register your interest and please also advise where you are from so we can best locate the classes.

Safefood - 4 week courses on zoom.

If your community group has 5-6 young families we would like to offer a 4 week course on **"Making the Best of your Slow Cooker"**. Participants would attend 4 zoom sessions, receive a slow cooker and ingredients to make 4 family meals. Please contact admin@cacd.org.uk for more details.



Information



Regular stamps without a barcode* will no longer be valid after 31 July 2023. This follows the introduction of a 6 month grace period from the initial 31 January deadline. You can either use up your non-barcoded stamps before this new deadline or swap them for the new barcoded ones. They cannot be exchanged in the Post Office but need to be posted off for exchanging

Link: www.royalmail.com/sending/barcoded-stamps

The stamps that have changed are the stamps which feature the profile of Her Late Majesty The Queen on a plain coloured background. The barcodes will enable new services through the Royal Mail app which you can download [here](#).

Note: Special Stamps with pictures on and Christmas Stamps without a barcode will continue to be valid and don't need to be swapped out.

Do you know about Rural Transport in Your Area?

Across the ABC Council area there is

DART (Down Armagh Rural Transport) <https://www.dartpartnership.co.uk/>

Catchment areas are: Banbridge, Craigavon, Donaghcloney, Gilford, Lawrencetown, Loughbrickland, Lurgan, Portadown and Waringtown

And

ART (Armagh Rural Transport) <https://armaghruraltransport.com/>

Catchment areas are: Charlemont, Loughgall, Hockley, Richhill, Ballymartrim, Laurelvale, Tandragee, Hamiltonsbawn, Poyntzpass, Markethill, Killeen, Carrigatuke, Derrynoose, Milford, Killylea.

Both operate a membership scheme and provide a range of safe, affordable and accessible transport and training services to local communities and individuals. Check out the relative website for your area. DART and ART are currently taking application for trainee drivers for their mini buses, either as possible job with them or as a driver for your own group.

Spring Clean your Community Group

In the Springtime people often think to clear out their wardrobes and get rid of clutter from their houses. There is even an official Great British Spring Clean from 17 March - 2 April 2023 for cleaning outside spaces. Well, what about your group and their good governance. This is a good time for your committee to sit down to plan and think ahead about an AGM, future leadership/succession planning, are your policies up to date, is all training including Safeguarding and Food Hygiene training up to date?

Do you need to be looking for funding for next season and planning a programme with a variety of events suitable for all your members?

Remember, our Development Officers can help with all these matters.

PS A deep Spring Clean of your premises never goes amiss either!!



Pancake Day, 21st Feb 2023 or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter.



Shrove Tuesday always falls 47 days before Easter Sunday, so the date varies from year to year and falls between Feb 3rd and March 9th. Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients.

In partnership with Community Sector Training we will be facilitating a **Safeguarding Children, Designated Person Course** **2 Sessions in March** **(Armagh area)**

If you are interested in taking this course please contact

admin@cacd.org.uk



Information



Will more people Volunteer in 2023?

During the pandemic a lot of community groups and organisations weren't able to operate in their normal capacity although a lot of people did step up and carried out community support in various forms. Since life has somewhat returned to normality many of our older volunteers have not returned to their regular level of community involvement or no longer want to be in leadership roles. This impact has been devastating for some organisations and indeed research shows that there has also been a negative impact on the wellbeing of those withdrawing from volunteering.

Opinions from a survey of the UK public indicate that across every age group more people intend to get involved in volunteering in 2023. This is particularly marked for people in the age group 18 -34 where almost 20% said they did not currently volunteer but planned to in 2023. If this is correct and **the tide may be turning, the question is – are we ready to receive and encourage lots of new volunteers, many of whom may be younger?**

To get ready here are a few steps you can take:

Make sure you have reviewed what you need volunteers for.

Think about the roles you are offering and whether these are still what you need.

Check that you have made them flexible and appealing to new volunteers.

Think about what the volunteers need as well as what you need.

Look around in your own community for younger people who would be happy to have a role in being part of and supporting your organisation and ask them to become involved.

Make A Difference



**** Big Breakfast ****

Saturday 25th February
8.30am – 12.30pm
in
Aghavilly Orange Hall



Four Orange Thursday Club

2nd February 2023 Knockavannon 2pm

Talk by PSNI and Entertainment

9th February 2023 Walk in the Park,

Coach leaves Newtownhamilton 10am

16th February 2023 Aughnagurgan 2pm

Dancing to Joe Mac

23rd February 2023 Aughnagurgan 2pm

Dancing to BB Paul

1st March 2023 Country and Gospel Concert

Newtownhamilton High School 7.45pm

Full details later

Killeen Orange Hall
OUR NEXT DANCE
IS ON

17th. February

Dancing to

HOUSTY

17th. March - Counry Beat

21st. April - Charity Dance

- Kenny Paul -

Marladoo Orange Hall **Dance**

Sat 25th February

9 till 12

Dancing to BB Paul



Drum Major Class

starting **Sat 12th February 2023**

Corkley Orange Hall

10am to 12pm

New members welcome.

For more details please contact

Joanne on 07759467156

or Mary on 07917866345

Information



The Pawprint Trust - Funding Adventurous Activities for Young People

The Pawprint Trust has reopened its annual grant scheme, allowing young people from across the UK to apply for funding for life-changing adventures that develop their skills, capacities, and capabilities.

The funding will support young people aged 11-25 who need a bit of extra help with their fundraising for projects and activities both locally and abroad.

Examples of projects and activities previously supported include international trips, camping adventures, personal development projects, providing equipment and community projects.

Each application should be accompanied by a supporting statement from someone who knows the young person well, such as a group leader or teacher etc.

Projects cannot be funded if they take place prior to 31st May in the application year.

The closing date for applications is the 31st March 2023.

Link: <https://pawprintfamily.com/pawprint-trust/>

National Lottery Awards for All Funding to Celebrate the Coronation of His Majesty The King Charles III

Organisations can apply to the National Lottery Awards for All small grants programme for up to £10,000 for projects from communities wishing to join in with the celebrations during the additional bank holiday weekend.

Groups who have already received funding through National Lottery Awards for All this year can reapply as long as their current project is complete. Groups can apply for up to £10,000 at a time and up to £20,000 in total in any 12-month period. Projects should still meet the priorities and eligibility criteria set out for the National Lottery Awards for All programme.

Applications can take up to twelve weeks for a decision to be reached, so groups should take this into account when deciding on their project start date.

Visit www.tnlcommunityfund.org.uk/northern-ireland for more information.



Community Foundation for Northern Ireland - Fibrus Community Fund

We will offer **grants of up to £2,000** for projects to address any gaps that younger and older people might face in their communities, which may include provision of access to technological devices.

The fund will close at 1:00pm on Monday 20 February 2023.

<https://communityfoundationni.org/grants/the-fibrus-community-fund/>



Duke of Edinburgh International Award: Access without Limits

Voluntary and community organisations can access up to £10,250 of grant funding, combined with support from their operations teams to setup, launch and deliver their Award programme.

Young people in Northern Ireland also have the unique opportunity to gain their Award from Duke of Edinburgh's Award based in UK, Gaisce (President's Award) based in Dublin or the Duke of Edinburgh International Award by completing the exact same programme to make their experience as inclusive as possible. **Deadlines for 2023 are 5pm 30 April 2023.**

www.dofe.org/access-without-limits-funding/

Carers' Support Fund

The Community Foundation NI on behalf of the Department of Health is delighted to open for application a Carers' Support Fund.

Grant values of between £2k and £75k will be distributed to properly constituted community groups and voluntary organisations.



Apply here:

<https://communityfoundationni.org/grants/carers-support-fund-2/>

Principal funders:



INTERNATIONAL FUND FOR IRELAND